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PRE OPERATION ANESTHESIA (SEDATION) INSTRUCTIONS

If you choose to have more extensive anesthesia, an IV will be inserted into your arm or hand, and medication will be administered to induce deeper relaxation and amnesia. You will be closely monitored throughout the procedure. Special instructions include:

DO NOT EAT OR DRINK

If you are scheduled for intravenous sedation, do not eat or drink anything for **8 hours prior** to your appointment. For morning surgery, do not eat or drink anything **after midnight the night before**.
If you are diabetic, you will receive special instructions regarding fasting, and you should plan to be the first appointment in the morning.

MEDICATIONS

If you are taking Ozempic® (Mounjaro or semaglutide) or any GLP-1 receptor agonist for weight loss or diabetes, please inform your surgeon. These medications may delay gastric emptying and will require you to skip at least one dose before surgery. Additionally, you will need to follow a liquid diet 24 hours prior to surgery and refrain from eating or drinking (including water) for 12 hours before your appointment.

Take **all** of your regular medications at least 2 hours prior to your appointment with a small amount of water, unless otherwise directed by the doctor in this office or your primary care physician.

ESCORT

A responsible adult must accompany the patient to the office, **stay in the office during the procedure**, and drive the patient home. Please limit your escort to one person if possible.

FOLLOWING SURGERY

Plan to rest for the rest of the day following surgery. The patient should not drive, operate machinery, or make important decisions for 24 hours after receiving intravenous anesthesia.

ATTIRE

Please wear a short-sleeved shirt or blouse and low-heeled shoes. For safety reasons, flip-flops or other loose footwear are not allowed